



Tuesday 3rd July 2018

Dear Parents/Carers,

Year 6
Relationships and Sex Education Curriculum 2018

Outlined below is an overview of the Personal Development curriculum objectives we will be covering between now and the end of term:

Area	Learning Objectives
Personal hygiene	Understand that bacteria and viruses can affect health and that following simple, safe routines can reduce their spread.
Puberty in girls	Recognise there are some changes we can choose and some we can't. Recognise that change is a part of growing up. Describe the bodily changes for girls during puberty.
Puberty in boys	Recognise there are some changes we can choose and some we can't. Recognise that change is a part of growing up. Describe the bodily changes for boys during puberty.
Relationships	Learn about the development of relationships. Developing an understanding of body image.
Menstruation	Understand the female monthly cycle and about how the body changes during puberty.

By the end of the sessions, the children will understand how their bodies might change over the next few years as a result of puberty. Through discussion, we aim to dispel any misconceptions the children may have that can cause anxiety. For some of these sessions we will split the boys and girls to enable them to get the most out of the sessions.

If you would like to see any of the resources we use in class or discuss the learning that will take place then please come in and talk to us. We also encourage you to discuss the learning we are doing in school with your child.

Many thanks,

Mrs Lambie and Miss Riley
Year 6 Teachers