

# Headlice

Anyone can get them.

Females lay up to 6 eggs a day.

The eggs take 7-10 days to hatch.

An adult can live up to 30 days.

They spread by walking from head to head.

They don't care if the hair is clean, dirty, long or short.

Follow these simple steps if you find a headlouse.



**Wash**

**rinse**

**condition**

**and comb**

**will leave the lice**

**without a home.**



## Wet combing

\*Wash hair with ordinary shampoo.

\*Apply conditioner. DO NOT rinse.

\*Detangle hair with a large comb.

\*Comb with a nit comb. Wipe between strokes..

\*Rinse hair.

\*Repeat 3 times at intervals of 4 days.

\*After a 2 week period if lice are still present contact your pharmacy or speak to your school nurse.



## Days to Check for lice



Leaflets giving advice regarding treatment are available from the school receptionist.