



18th September 2019

Dear Parent / Carer(s),

Leicestershire Cross Country League
Prestwold Hall – Barrow upon Soar

During the 2019/2020 academic year. Your child has the opportunity to take part in three Cross Country events at **Prestwold Hall, LE12 5SQ**. The events will take place on **Saturday 28th September, Saturday 26th October & Saturday 23rd November**. Your child does not need to take part in all three events but can do if they wish to. There are separate boys' and girls' races for children in Years 3, 4, 5 and 6. Distances and times are as follows:

Year 3 – 1100m (10am girls, 10.15am boys)
Year 4 – 1350m (10.30am girls, 10.45am boys)
Year 5 – 1800m (11.30am girls, 11.45am boys)
Year 6 – 2150m (12pm girls, 12.15pm am boys)

Please note: Year 3 and 4 children are not permitted to wear cross country spikes, however Years 5 and 6 can if they wish to.

Due to the event taking place on a Saturday you will need to arrange your own transport for your child. **An adult will also need to stay at the event and be responsible for them throughout, however a member of the Redlands Team will also be on site.** Children need to arrive at the event approximately 1 hour before their race time in order to allow time for parking (£4 charge), walking from the car park and finding me so that I know they have arrived and have warmed up. Your child will need to wear their outdoor PE kit but will be able to borrow a school top or vest. They will need suitable footwear (no spikes but football boots are allowed, with the exception of Year 5 and 6 – please see above), warm/waterproof outer clothing (weather dependent) and to bring a drink of water.



As the children will be representing the school at this event, we ask that the children keep in mind the Redlands R's and maintain a supportive and respectful attitude towards each other and the other teams taking part in the tournament.

Please return the attached form by **Wednesday 25th September**. All children who return the attached form confirming that they would like to participate will be able to do so for all races in their year groups.

Kind regards,

Miss Godfrey and Mr Owen
PE Coordinator and Sport Coach



Leicestershire Cross Country League – Prestwold Hall

(Please put a tick in the following boxes below)

Date	Able to participate	Unable to participate
Saturday 28 th September		
Saturday 26 th October		
Saturday 23 rd November		

My child,would like to take part in the above activity.

My child is in Year

[] I can transport my child to and from Prestwold Hall and will remain with them at the event.

The parent staying with my child is,

In case of an emergency please provide a contact number Signed

(person with parental responsibility)Date.....